

"Happiness"

2017-2018 YEU CYPRUS



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Introduction

Dear future EVS Volunteers,

We're glad that you will come to this project. Please read the following information carefully in order to prepare for the coming time in Cyprus.

Seven volunteers from four different countries will come to Cyprus and share their experiences, skills and knowledge. You will have the opportunity to exchange your thoughts, experiences, visions, wishes and knowledge and have an unforgettable experience in Cyprus. But let's take the things from the beginning...

YEU Cyprus

YEU Cyprus stands for Youth for Exchange and Understanding Cyprus and it is a non-political, non-governmental organization (NGO) based in Nicosia, Cyprus. It was established in 1995 with the aim to foster closer co-operation and better understanding among the young people of the world through the exchange of information, experiences and ideas. YEU Cyprus is one of the biggest youth organizations in Cyprus numbering more than 1000 members. It is considered to be one of the most active organizations of the island realizing several activities both on international and local level.

YEU Cyprus is a full member of the Cyprus Youth Council and is represented in the CYC Board. It is also a member of the Advisory Body of the Cyprus Youth Board, the semi-governmental organization responsible for youth issues in Cyprus.

YEU Cyprus activities

YEU Cyprus organizes and participates as a partner in various international and local activities. On international level, YEU Cyprus organizes and delivers training courses or exchanges on different topics, focusing always on the youth's development, awareness raising and capacity building. The methodology of the activities is based on non-formal education and experiential

learning. YEU Cyprus also gives its members the opportunity to participate in international activities abroad such as in partner's training courses, youth exchanges, European Voluntary Service (EVS), seminars, SALTO events etc.

On local level, in attempt to bring youngsters together and make them aware of different topics, YEU Cyprus has organized and still organizes various activities such as Human Libraries, workshops and seminars on different topics (for example human trafficking, non-formal education, volunteering), street festivals, laughter festival, field trips and other activities.

For more information have a look at our Facebook page [Facebook page](#) or our [webpage](#).

YEU Cyprus Contact Numbers

YEU: 00357 99573646

Yiota IGNATIOU: 00357 99 12 10 01

Eleni XENOFONTOS: 00357 96 33 37 39

Emergency Number: 112

What is the Happiness Project about?



“Happiness” mission is to organize different leisure time as well as educational activities for young people, in order to help them find different creative ways to find happiness. At the same time our aim is to help them learn new and diverse things, such as speaking a new language, getting to know a new culture and also come nearer to their own traditions. With the valuable help of our volunteers we are going to organize activities that will help the members of the Cypriot community to explore their identity and find ways to become more active and happy.

Our volunteers’ main targets will be to organize events that will show to them and to the young cypriots the opportunities they have abroad and how they can travel and at the same time learn new things. Through different actions, including non-formal education and a variety of other tools, such as "Human Library" or "Theater of the Oppressed", cultural and sports festivals and many more, we will try to make people understand that they have different ways to be happy, productive and creative. The volunteers will get lots of versatile experience from youth work and will gain lots of knowledge about leading different kinds of youth groups.

Furthermore, the volunteers will have the chance to improve their organizational, social and team working skills, by planing activities according to their own talents, knowledge, preferences etc. and be part of developing existing ones. They will also learn about youth information and about different kinds of office work like reporting and planning. Volunteers will have the chance to participate in the diffusion of youth mobility programs, supporting the

implementation of workshops, supporting the search for partner projects and the organization of local and international seminars. In addition, they will help in a shelter by organising activities for the migrants and help them with their everyday tasks if there is need.

About the ideal volunteer's profile, there are no preferences regarding gender, age or study areas. We need an active and well-motivated person, willing to expand his/her horizons through experiencing new adventures and challenges. No special scientific or studies background is needed, however it will be appreciated any knowledge/skills regarding sports, arts, ideas in finding alternative ways to increase youth participation, activism in several sectors, environmental issues etc.

The countries that are going to be involved are Italy, Spain, Belgium, France, Czech Republic.

Period of the Project

20 May 2017 – 19 May 2018

Working hours

EVS must be full-time service for the volunteer. Her/his project activities (including language and other training activities relating to the project) should take up at least 30 and not more than 38 hours per week (around 7 hours per day).

The volunteer is entitled to two consecutive free days per week and two days of holiday per month.

Accommodation

The accommodation will be at a house close to the city center of Nicosia. The four of you will share a house in Samou Street and the three of you will share an apartment in Stasinou Street which are very close to our office. Each of you will have their own bedroom and will share the common areas such as the kitchen facilities and living room.

Finances

Each of you will receive 130 Euros for food allowance and 110 Euros for pocket money each month. Your accommodation will be provided by YEU Cyprus. You are requested to be very careful on your electricity and water bills. A maximum allowance of 75 Euros will be provided for Electricity and Water bills per month for each house. In case you exceed that amount, you will be requested to provide the extra costs by yourself.

What to Bring

- Comfortable clothing (Cyprus is well known for its really hot weather but it can also get quite cold in winter)
- Medication if you need
- Laptop (in case it is difficult for you to bring one, please inform us)
- Alarm clock (to avoid oversleeping)!
- Motivation and good mood!

Cyprus



Floating on the waters of the European Mediterranean, but pointing longingly towards the shores of Syria, Turkey and Lebanon, Cyprus is an odd mixture. It is a kaleidoscopic blend: its cultural influences are dominated by Western Europe, but its geographic proximity to Asia and Africa gives it more than just a hint of the East.

Long coveted by mainland Greece and Turkey, this small island has its own definite and beguiling character.

Cyprus is the island for all seasons, the island of good weather, good mood and loads of sunshine! The people of Cyprus are warm – hearted, hospitable and kind, people who love to go out and who appreciate good company.





The project will take place in Nicosia, the capital of Cyprus which lies somewhere in the center of the island. It is a city which blends both history and the modern life while at the same time it is also the last divided capital in Europe. The northern part of the city functions as the capital of the Turkish Republic of Northern Cyprus, a disputed region recognized only by Turkey, and which the international

community recognizes as Cypriot territory under Turkish occupation, and has done so since the Turkish invasion in 1974. [More information about Nicosia.](#)

Travelling to Cyprus and Transportation

In Cyprus there are two airports: Larnaca and Paphos airport ([International Airports](#)). The Ercan airport located at the northern part of the island is not recognized by any other country except of Turkey so you are not allowed to use it to come to Cyprus for the project in order for you to get the money for the tickets.

For transportation you can travel around, within the city, or between cities by bus. Check the following websites for more information:

1. <http://www.cyprusbybus.com/>
2. <http://www.intercity-buses.com/>

YEU Cyprus team will provide the volunteers with bicycles which they can use in their daily life.

Historical Facts

Cyprus, a former British Colony (1878-1959) became independent in 1960. Originally, Cyprus was inhabited mainly by Greek Cypriots constituting 83% of the population and Turkish Cypriots numbering to around 17%. However, problems arising between the



two communities led to intercommunal conflicts and violence, with Turkey invading Cyprus in 1974 ; occupying 37% of the island and claiming the north as their “legal” own state (Turkish Republic of Northern Cyprus (TRNC)), recognized only by Turkey. The results of the Turkish invasion of 1974 were disastrous for Cyprus, with thousands of people being killed, hundreds of thousand becoming refugees in their own country, and with serious issues of human rights violation. Since then, Cyprus and its capital city Nicosia have been divided by force between the island's Greek Cypriot and Turkish Cypriot communities in the south and north respectively. On the 23rd of April 2003, as part of efforts to reunify the island, several checkpoints were opened so that people from the two communities could move freely from one part of the island to the other. Nicosia retains the distinction of being the world's last divided capital.

Nowadays, talks are taking place to solve the Cypriot issue and unify the island.

[For more information visit.](#)

Money and Currency

The currency of the Republic of Cyprus is the Euro.

Making Phone Calls

In order to make a phone call to Cyprus from abroad, dial 00357 and then the eight-digit phone number. If you wish to make a phone call abroad while in Cyprus, dial 00, followed by the country code and the telephone number. The organization will not provide you with SIM cards. You are responsible to buy your own cypriot SIM card.

Languages

Greek and Turkish are the official languages of the Republic of Cyprus spoken by the Greek-Cypriot and Turkish-Cypriot communities respectively. English is widely spoken. French, German and other languages are also well spoken within the tourist industry.

Religions

Cyprus enjoys an exceedingly high level of freedom of worship. While the majority of Greek-Cypriots are Greek-Orthodox Christians, other denominations are represented on the island, including Armenians, Maronites and Roman Catholics. The Turkish-Cypriot community is predominantly Muslim.

Weather Conditions

Cyprus enjoys an intense Mediterranean climate of really hot dry summers starting in mid-May and lasting until mid-September and rainy, quite mild winters from November to mid-March.

March-May are the months when weather in Cyprus changes from spring to summer. The summer months are very hot so you will need comfortable and light clothing. Don't forget to bring your swimming suit. Recommended clothes are comfortable medium-weight and summer apparel with light jumpers or long sleeved clothes for the evenings.

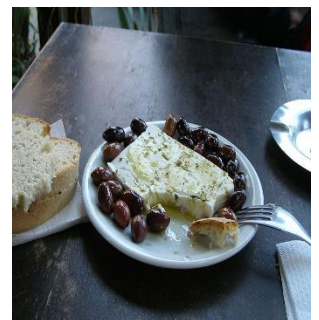
Cypriot Cuisine



People in Cyprus appreciate good food. In fact, most of the social outings and relationships revolve around food! And that's food that is coming in a lot of variety and large quantities for massive stomachs! While in Cyprus it's a must that you try:



- Cypriot *meze* (appetizers akin to Spanish *tapas*) are an art form. Meze are available in a meat variety or fish variety but quite often come as a mixed batch, which is rather pleasing.
- *Sheftalia* which is a kind of sausage without skin. The filling of Sheftalia is made of ground pork or lamb shoulder and leg. It is mixed with fine chopped onions and parsley and seasoned with salt and pepper. Instead



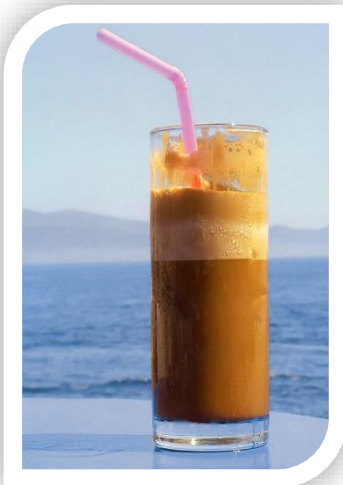
of sausage casing it uses caulk fat, the membrane that covers the stomach of a lamb or pig, to wrap the ingredients. In words it may not sound so good but in the mouth it is simply yummy yummy!!!

- *Halloumi* is a uniquely Cypriot cheese, made from a mix of cow's and sheep's milk. Hard and salty when raw, it mellows and softens when cooked and is hence often served grilled.



And of course this is just a short list. There are plenty more tastes and dishes to try!

Another important thing about Cyprus is the social life of Cypriots who normally spend their free time (mornings, afternoons, evenings, we simply don't mind) going for coffee in several coffee shops around the city, that stay open until around one o'clock at night! Coffee is quite popular even at 10 or 11 pm and what is also very popular is the special *frappé* (foam-covered iced coffee drink made from instant coffee), which seems to be something like a Greek coffee invention. Later during the evenings people hit the clubs at around 12:30 with the party lasting until the early hours of the morning, when again they try to get rid of the hangover with more food at local fast food restaurants.



For more information visit:

1. <http://www.visitcyprus.com/>

2. <http://www.heartcyprus.com/>

and follow these facebook pages:

3. <https://www.facebook.com/VisitCyprus.cy/?fref=ts>

4. <https://www.facebook.com/HeartCyprus/>

We look forward to meeting you!!!

If you have any questions please don't hesitate to contact us.

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Thank you!

The YEU Cyprus Team

