



BRASILE – approvato, 02-12/2012 (11 mesi)

"Growing up together" (GUT) is an EVS project coordinated by InCo, where international volunteers will have the opportunity to participate in the activities of "Associação São Francisco de Assis Gewo-Haus" in Brasil, in the city of Ribeirão Preto. The volunteers in Brazil are foreseen to give support to the staff of GEWO-Haus in their daily activities with the children: supporting the meals, promoting and coordinating recreational activities, collaborating with the maintenance of the house and, most important, bringing enthusiasm and new ideas.

In the morning, after having breakfast, the volunteers will participate in the "**good-morning-activity**" of the house, which is a certain kind of ceremony made every morning with the staff, a moment dedicated to signing, chatting and getting prepared to the new journey. After that, the volunteer will assist with the **distribution of children's breakfast**, helping to prepare the food and the tables, besides supporting the children and making them company, providing a friendly environment. After that, the volunteers will support the educators and social workers with the recreational and educational activities.

The **recreational and educational activities regularly developed by GEWO-Haus** are many such as classes of carpentry; music (Guitar, Keyboard, Singing); cooking; theater; dance; handcraft (with fabric as well as crochet, patchwork carpets, jewelry, etc.); video-library; toys-library; library with reading incentives and the art of storytelling; football; informatics; maintenance of computers, etc. So the volunteers, little by little will have the chance to know all initiatives and get involved in those they are more interested, as well as, after a proper period of integration and adaptation, they could be able also to **develop their own** ones taking advantage of their own skills and knowledge.

The **support given during lunch time** is going to be very similar to the one with breakfast and after that, the volunteer itself will have a break in order to have lunch and rest for a while. The **afternoon activities** vary also a lot and can be of different kinds (the main idea is to vary them everyday, offering to the volunteer a dynamic environment):

- collaborating with the **household activities** (which may change from supporting in the kitchen with the dishes, as well as sweeping the backyard, etc, meaning contributing to the maintenance of the structure and the development of a nice work in a decent environment);
- meetings, activities' planning and preparation, evaluation sessions with the supervisors, special kind of visits (to other projects, for example) or even simply the language course;
- **afternoon activities with teenagers**: there are several kind of activities dedicated to teenagers during the afternoon (after 13:00, when they arrive from school). Some of them are for example: English classes, dance and theater classes. Once a week there is also an afternoon dedicated to sports (indoor and outdoor). Once again, the volunteers will be more than welcome to integrate those activities with their ideas and enthusiasm, bringing a bit of their own culture and skills.
- activities with the children and teenagers in the "MST" (**Landless Workers' Movement** - "*Movimento do trabalhadores rurais sem terra*"): close to Ribeirão Preto, there is a rural area occupied by a group of landless people part of the MST. Two sisters of the GEWO-Haus lives there and develop educational and recreational activities for children and teenagers. The volunteers will have the possibility to visit the project and, if they feel like, they can go 1 afternoon every week to support those sisters in their work with teenagers and children. On Tuesdays (from 14.00-17.00), Wednesdays (14.00-16.00), Thursdays (14.00-17.00) and Fridays (14.00-16.00) activities such as handcraft, dance classes, guitar and flute classes, Spanish courses and support to



school homework are developed in this group of MST. The volunteers will be more than welcome to support those activities as well as introduce some new ones.

- On Fridays' evening the staff of the house distributes soup to homeless people. The volunteers will support this activity in they way they feel more comfortable (in the kitchen, directly with the people, distributing food or simply giving a friendly smile).

The weekly timetable of the volunteers' activities is foreseen to be as it follows:

Days/period	Monday	Tuesday	Wednesday	Thursday	Friday
Mornings (8:30-11:30)	"Good morning activity" and supporting children's' breakfast	"Good morning activity" and supporting children's' breakfast	"Good morning activity" and supporting children's' breakfast	"Good morning activity" and supporting children's' breakfast	"Good morning activity" and supporting children's' breakfast
	Recreational activities with the children	Recreational activities with the children	Recreational activities with the children	Recreational activities with the children	Recreational activities with the children
	Supporting children's' lunch	Supporting children's' lunch	Supporting children's' lunch	Supporting children's' lunch	Supporting children's' lunch
From 11:30-13:30	Lunch break and free time				
Afternoons (13:30-18:00)	Support with household activities	Cultural activities with teenagers (dance, theatre, English lessons, etc.)	Sports' afternoon with teenagers	Afternoon with the "MST"	Support with maintenance of the structure
	Time dedicated to study and meetings, planning/preparing recreational activities				free-time
After 18:00	Dinner and free time				dinner
					Supporting the distribution of soup to homeless people

The timetable is standard and flexible. The main idea is to adapt it, little by little with the volunteers' main interests and areas in which they would like to dedicate themselves more intensively, seen the big amount of activities offered to the children and the local community.

One Saturday a month, it's foreseen that the volunteers follow the staff of GEWO-Haus in their work outside the structure, making some special visits such as: visit to some poor families,



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visit new projects developed in the community, visit to some people who are in the jail.

It's also relevant to notice that GEWO-Haus, together with the congregation of the "Franciscan Sisters of Penance", have contact with several other projects and structures in Brazil. In case the volunteer is interested, after having the time to get integrated in the new reality and have some facility with the language and confidence to move around more autonomously, they will be invited to visit those other cities and houses. All of them work with children and teenagers in difficult social conditions and have several years of collaboration with international organizations such as Caritas, hosting international volunteers as well. These projects are "*Lar São João Bosco*" in the city of Taquaritinga (about 80km of Ribeirão Preto); "*Educandario*" and "*Casa Abrigo*" in Barretos (about 120km of Ribeirão Preto) and, eventually, if there is the economical possibility, a visit to "*Comunidade Santa Maria dos Anjos*" in the city of Buritirana (region of Maranhão, about 2000km of Ribeirão Preto - a very different social and cultural reality in comparison of the one of São Paulo State). Those visits could broaden the volunteers' vision of the social reality and the social work developed by the HO in a complementary and constructive way. In case those visits happen, they will be an additional opportunity and won't correspond the main activity.



KENIA – approvato, 02-12/2012 (11 mesi)

"Growing up together" (GUT) is an EVS project coordinated by InCo, where international volunteers will have the opportunity to participate in the activities of "Welcome to the Family", in Nakuru – Kenya. The main role of the volunteers is to collaborate with the staff of the respective HO, contributing with general activities but specially with the organization and application of recreational and educational activities. They will never be alone carrying out the activities and should never be forced to do something they don't want to. They will be there as VOLUNTEERS, therefore, they will not substitute the place of the social workers.

Partecipazione agli incontri d'equipe, riunioni di progettazione, programmazione, monitoraggio, e verifica delle attività, anche di carattere religioso.

- Incontri periodici col responsabile della Comunità e con le altre figure coinvolte nella realizzazione del progetto per verificare l'effettivo raggiungimento degli obiettivi personali dei ragazzi e del progetto.
- Promuovere attività teatrali ed espressivo-corporee.
- Promuovere attività artistiche e musicali con dinamiche di gruppo.
- Favorire attività di cura e di educazione sessuale.
- Accompagnamento ed assistenza sui mezzi per il trasporto da e per la scuola e le attività quotidiane.
- Cura, assistenza ed affiancamento ai minori accolti nei Servizi per le attività quotidiane: esecuzione compiti scolastici, organizzazione dei giochi da tavolo o motori, preparazione della merenda o dei pranzi o cene, attività domestiche in genere.
- Supporto al personale addetto agli interventi educativi
- Supporto alla segreteria della casa/comunità per il disbrigo della documentazione relativa alle piccole faccende quotidiane dei ragazzi
- Vigilanza dei ragazzi durante le attività di tempo libero

La settimana tipo è la seguente:

- Nei giorni feriali sveglia all'alba insieme coi ragazzi intorno alle 6,00 preparazione della colazione riassetto stanze e partenza delle attività scolastiche. Per chi non è impegnato direttamente con tali attività svolge funzioni di segreteria e di organizzazione.
- Intorno all'ora di pranzo si effettuano lavori domestici per la preparazione del pranzo.
- Nel pomeriggio normali attività scolastiche e di lavoro/gioco si alternano per effettuare la cena intorno alle 19.
- Si prosegue con le azioni di disbrigo e riassetto della cucina per poi condividere insieme momenti di balli, canti e riflessioni insieme a tutti i ragazzi.
- La domenica è giornata di festa con al centro la santa messa di rito cattolico per poi concludersi con il pranzo assieme a tutta la parrocchia. Nel pomeriggio canti, balli, riflessioni ed incontri con la comunità locale per condividere stili, usi e costumi.

E' uso durante l'estate effettuare dei campi scuola in alcune parrocchie o comunità in mezzo alla Savana accompagnando i ragazzi in momenti ludico formativi. Si tenga presente che la scuola è organizzata con tre mesi d'attività ed a seguire un mese di vacanza per l'intero anno.