Infopack for you!

Caritas Diocesi Bolzano-Bressanone

Dear applicant!

Thank you for your interest in our project! In this little document you can find all the information which can be useful before applying.

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Hosting organisation: Caritas Diocesi Bolzano-Bressanone

Some words about Bolzano

Bolzano-Bozen is an autonomous province situated in North Italy with having its borders to Austria and Switzerland. Together with Trento, it makes up the region of Trentino Alto Adige/Südtirol one of the five autonomous regions in Italy.

Bolzano happens to be a unique example of cohabitation with hosting Austro-Hungarian origined inhabitants as majority of its population who speak an Austro-Bavarian dialect of German, about a quarter of the province is Italian-speaking and a small minority speaks Ladin as mother tongue, while both Italian and German are the official languages of Bolzano-Bozen, As a result of sheltering a multilingual and multicultural population, Bolzano happens to be one of the most important examples of 'coexistence atmosphere' in the territory of Italy.

The province in total has more than 500.000 inhabitants and hosts the Free University of Bozen which makes it easier to find free time activities compared to the rest of the smaller Italian cities. Bolzano is also blessed with the luck of being situated among the Alps and the Dolomites which were



declared as world heritage by UNESCO in 2009. The town of Bolzano is in easy commute to Trento, where InCo is :-), in about 40minutes by train and in about 1,5hours to Innsbruck, Austria.

Proposed activities

The volunteers will work with *Caritas Diocesi Bolzano-Bressanone*, its partners and other partners working with young people and people at risk of social exclusion. The volunteers will be part of a team and they will participate in staff meetings and in meetings with other volunteers. Volunteers will be mainly involved in the office of the YoungCaritas but they will have the opportunity to collaborate with other services of the Caritas Bolzano. Main activities are the following:

1. YoungCaritas:

> organization and implementation of workshops at schools about social issues and international solidarity

- > organization and implementation of special events such as "Corsa dei Miracoli", "Fiera del volontariato", "72 ore senza compromesso"
- > participation in special training about volunteering
- > Holidays and recreational activities
- **2.Services for refugees**: Casa Aaron, Casa Arnica, Casa Sara, Casa Miriam, Casa del pescatore, Casa Anna, Casa Freinademetz (both for migrants and italians) and casa Migrantes

Volunteers will collaborate in:

- > attending trainings for interculturality, migration and integration;
- > organizing and implementing recreational activities for children;
- > assisting children in doing their homework;
- > database maintenance entry and processing of personal information;
- > supporting refugees.in their language learning path;
- **3. Services for homeless persons:** Casa Arché, Casa Magret, Casa dell'ospitalità. Volunteers will support the staff in:
- > implementing and organizing recreational activities
- > the community life as for example helping for the preparation of lunch/dinner with the guests
- 4. For people with AIDS: Casa Emmaus and Iris Caffè
- > implementing and organizing recreational activities as well as special events
- 5. Disabled people

>implementing and organizing recreational activities as well as special events

- **6. People with addiction problems:** Binario 7
- > implementing and organizing recreational activities as well as special events
- 7. People with psychic problems: Centro diurno
- > plan some recreational activities
- > bring in some new ideas
- > help by cooking
- **8. Parallel activities**. In addition to the conventional activities, Caritas together with the Association InCo and the volunteers, designs, organizes and implements activities aimed at promoting:
- >international voluntary work
- >intercultural dialogue
- >intergenerational relationships
- >vouth's well-being

Volunteers will work 30-35 hours/week, from Monday to Friday. Sometimes the volunteer will be requested to work also during weekends. In any case, volunteers will not work more than 5 days/week and will always have 2 days off

Food and accommodation

You will get free accommodation for the whole duration of your voluntary service. A room will be provided at the disposition of the volunteer in the Caritas building in the centre of Bolzano. Kitchen facilities of the structure are open to the utilization of the volunteer.

The volunteer will receive a monthly amount of money to sustain food expenses. Kitchen facilities are available in the Caritas building in the centre of Bolzano. The volunteer will have the possibility to use the common kitchen of the centre where s/he has her accommodation means as well.

Useful links

Here you can find the website of CARITAS: http://www.incoweb.org/eng
Here you can find the website of InCo, the coordinating organisation: http://www.incoweb.org/eng/volunteers-to-blog-nt/
If you would like to know more about the EVS experience, check out the blog of the volunteers: http://www.incoweb.org/eng/volunteers-say