

# STRIM YOUTH DEVELOPMENT AND INTEGRATION ASSOCIATION

***strim***

STOWARZYSZENIE  
ROZWOJU I INTEGRACJI  
MŁODZIEŻY



  
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2017-2018

  
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Coordinating organisation Youth Development and Integration Association STRIM [www.strim.org.pl](http://www.strim.org.pl) assembles young active people who are willing to undertake actions aimed at building open-minded society, interested in the youth problems, international education and culture. We organize trainings, seminars, conferences, meetings and exchanges. Working for other organisations and institutions, organizing for them and with them EVS projects helps us in gaining wider local and international partnerships, as well as create more numerous and diverse international group of volunteers.



Over 15 years we are coordinating, sending and hosting EVS volunteers. STRIM as coordinating organisation cooperate closely with other organisations or institutions in terms of youth work.

Having practice and know-how, we are providing our partners with technical and administrative support. We are organizing also integration activities for the volunteer, provide mentor, language learning, organize volunteer's living and transporta-

tion in Cracow or other Polish towns, if needed. We are supporting volunteers to lead their own projects in the receiving organisations.



# About STRIM

# About EVS Project 2017-2018

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The project will be attended by 32 volunteers aged 18-30 years working in different receiving organisations. Our project will allow volunteers from European countries to become actively involved in the activities of Krakow's educational institutions, freeing their creativity, local and civic activity.

The aim of project is to provide European youth with opportunities to develop knowledge, skills and attitudes through the work in the Polish educational institutions involved in non-formal and informal education. The project will take place in eleven Krakow's hosting organizations: kindergartens, elementary school, Youth

**We make a living by what we get, but we  
make a life by what we give.**

Culture Center, Regional Library and NGOs. In the host organizations volunteers will have two main tasks: active participation in the daily life of their organization and give the intercultural dimension in the activities of their projects by conducting their own creative animations and workshops.

**Winston Churchill** Although volunteers will work in different institutions, coordinating organization STRIM will remain in touch with them. We will invite the volunteers to take part in our meetings, discussions and presentations.

**choose an  
organisation -  
contact the right  
person!**



# Hosting Organisations

# Association STRIM

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## CONTACT PERSON:

Izabela Górska  
igorska@strim.org.pl

Number of vacancies: 1

STRIM always gives me an opportunity to realize ideas I had. For me STRIM is all about support, understanding and friendly atmosphere.

Ex-volunteer

By this project Strim Association wants to develop and promote the voluntary service, especially but not only the EVS, by showing possibilities that can be given by youth-mobility programs. The Volunteer will promote the EVS, give information and meet with polish people interested in participating in EVS, sharer his/her experiences. The volunteer will be asked to get in contact with various media to promote the activities of our association and EVS in Cracow by giving the interviews in radios and by working in co-operation with the newspapers in Cracow. The volunteer will prepare the materials for our website aimed at the promotion of the results of the EVS projects. The project gives a lot of space

for creating volunteer's own projects, to be creative and innovative. He/she can develop and use his/her abilities in this field, creating different projects concerning the promotion. The volunteer will also be a part of our office Staff and will organise with us local events connected with intercultural-ism, regional day of the voluntarism, celebration of international migrants day, organization of occasional meetings for STRIM members and STRIM friends.



# Uśmiech Losu Association

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Uśmiech Losu Association is a non-governmental organization established in 2012 by the Zespół Szkół Specjalnych Nr 4 in Krakow. We are strictly non-profit. We help children and youth with intellectual disability, proving it possible to over-

kindergarten and in the 1st - 3rd grades of the primary school during classes requiring additional care, such as art classes, gym, individual revalidation, and all kinds of school trips - to the movies, theatre, museums, amusement parks, school

We wish the presence of volunteers will bring an international accent to our activities by sharing their local games, traditions or specific songs. The volunteer will never be left alone with a child, they will not conduct classes or activities by themselves as there always will be a teacher or educator present.

Working coordinator of Uśmiech Losu As.

It is a nice place because I don't feel pressured, on the contrary they acknowledge my efforts and respect me a lot, which is very important on the job like this.

Ex-volunteer

come their handicap. Association is a non-formal addition for the pupils of our school, aiming to provide after school activities. Staff of the association works at same time in the school or kindergarten, that strengthens even more all our common activities.. Volunteers will help with everyday activities in the

festivities, education projects and integrational presentations and competitions. They will also participate in parents' meetings.

CONTACT PERSON:

Aleksandra Błasińska  
ablasinska@strim.org.pl

Number of vacancies: 4

# Public Library Wojewodzka

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The volunteer will coordinate “Meet me in the Library” voluntary project, which consists of free of charge language conversations (s/he will be

**Eligibility criteria: volunteer should be able to teach one of the following languages: French, German, Italian, Spanish.**

giving classes, teaching his/her native language and culture, keeping the register and organizing meetings; before classes s/he will be preparing the classroom, presentations, materials and promotions, etc.). Moreover she/he will organize cultural meetings for groups of children, youth or seniors. Volunteers will write a blog on their activities, prepare reports and statistics in Excel. The volunteer will be responsible

for helping with: organization of events and exhibitions, reading-room technical stuff tasks and computer data bases operating, user service, searching for new foreign books suited to the library profile (making lists of new publications), digitalization of library collection, shooting and image processing

The Krakow Voivodeship Public Library is a council culture institution, hiring 170 people, financed by Malopolska Voivodeship. Its assignments include book acquisition, book description, popularizing and lending reading materials, mediation in lendings between libraries, substantial supervision over a network of 756 local public libraries in Malopolska, organization of specialist conferences, including areas of literature, work with children and handicapped readers, organization of seasonal training for local libraries directors and instructors.

It is great place to work as well as colleges and my students. Our working coordinator trusts us so we have some freedom about schedule and other stuff.

Ex-volunteer

## CONTACT PERSON:

Jose Antonio Herreros Garcia  
jherreros@strim.org.pl

Number of vacancies: 4



# Youth club Dom Harcerza

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Active cultural center, conducts a variety of activities for children and youth. The volunteer will be asked to help teacher in the kindergarten group of children aged three and four. Her/his main tasks will be to help children in everyday activities like using the toilet, washing hands,



putting on, taking off clothes, eating, to help in “educational” activities (drawing, painting, cutting out and many others little children do in the kindergarten), to keep the classroom neat and tidy, to help the teacher during walks, games, outdoor activities.

The volunteer will always work in

cooperation with a teacher or tutor and will never be expected to work without their support.

The European volunteer will also have the possibility to take part in other occasional art, cultural, sport events, weekend trips or excursions that are organized by Młodzieżowy Dom Kultury “Dom Harcerza”.



If you want an original work with a lot of different tasks like taking care of horses, for example, my organization should be yours!

Ex-volunteer

CONTACT PERSON:

Barbara Kecskes  
b.kecskes@strim.org.pl

Number of vacancies: 1

# Kindergarden 32 & Primary School 90

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CONTACT PERSON:  
Dominika Bieszczad  
dbieszczad@strim.org.pl  
Number of vacancies: 3

Kindergarten No. 32 and Primary school No. 90 since September 2012 are a part of the Complex of Integration General Education Schools No. 7 in Krakow. In the kindergarten there are 9 departments (divided in 2 buildings). Kindergarten is attended by children aged 3 to 6 years and the classes I-III of primary school are attended by children aged 6-9.

Kindergarten 32 is Receiving organization since 2007 and thanks to the European volunteers it can provides to children a lot of knowledge about other cultures and countries.

The main goal is the welfare of the child, prepare them to succeed and cope with difficulties. It's important to arouse in every child curiosity about the world and people, perceptiveness and sensitiv-

ity. Kindergarten provides them plenty of space to play and learn. It is important to raise a child with a rich imagination, creative, capable of spontaneously express its feelings and thoughts, open to ideas and inspirations coming from other people.

We would like to work with volunteers open minded, communicative, friendly and responsible. This kind of work is good for the people who like children, are patient and understanding, have some passions and interest that they are willing to share. Living and working in Cracow gives many possibilities to explore the most beautiful places in this city and feel its unique atmosphere. In our kindergarten and school volunteers will have this opportunity to learn together with children about this city during classes, walks and trips.

My organization is the best because the team and the children are very welcoming and very kind, despite the language barrier. It is a pleasure to go to work everyday!  
Ex-volunteer

# Kindergarten #121

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Integration Kindergarten working with children with disabilities and without disabilities. The volunteer will help to develop daily activities with the kids adapted to the level of understanding of the kids, outdoors activities, sports for little kids, walking, short trips in the surroundings, foreign languages by practical and participative means.

There will be also activities with the parents of the children. The volunteer will be involved in most of the non-formal activities of the kindergarten. All our activities focus on the children and their interests. Program includes many activities like: education, arts, music, rhythmic, gymnastic, English.

Each year our kindergarten organise many events: trips, plastic exhibitions ,artistic presentations ,costume balls ect. Volunteer will take part in this activities and develop his or her own ideas for leisure time activities for the children, supported by the teachers We want to bring an international touch into our activities. For this we would like the volunteer to play games typical from his/her country, sing with the children his/her national children songs. We would

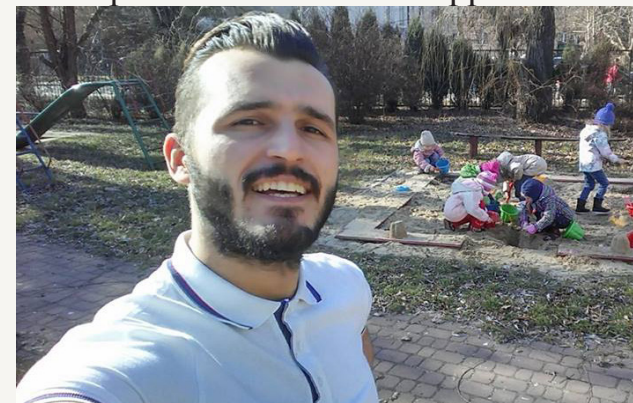
“My kindergarten is perfect because we are a huge happy family which has a lot of children.”  
Ex-volunteer

also appreciate to develop a special project to make the children more aware of the different possibilities of handicapped and not,

different cultures and languages in a positive way. The volunteer as has been mentioned will never be expected to work alone.

He or she will always be supervised.

In terms of working with special needs children, the volunteer is only expected to follow the teacher's instructions. No previous knowledge or experience is required and thus, basic following of instructions is all is needed. Of course with motivation and a positive attitude.



CONTACT PERSON:

Izabela Górska  
igorska@strim.org.pl

Number of vacancies: 2

# Kindergarten #79

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In the kindergarten there are 5 different children groups (they are based on children's age). Kindergarten takes care of children between 3rd and 6th year of life. For the inside activities there is an inside hall, where children can play during winter time/bad weather. There are also organized shows and teacher plays made by and/or for children, where different guests are invited.

"In this kindergarten is very kind atmosphere and people care a lot about volunteers."

Ex-volunteer

Volunteers' tasks will be:

- cooperation with the teacher within the working age group of children, the volunteer will be provided with support from the experienced staff member, will receive information about activities he/she can make and volunteers ideas will be consulted

with other teachers. Volunteer will be informed what is planned for certain days/weeks, so he/she will be able to adjust properly in advance to forthcoming activities and understand his/her role in them.

- conducting little language and culture workshops: the volunteer should prepare activities that will introduce some information about his own culture, country and language.



CONTACT PERSON:

Kasia Piatek  
kpiatek@strim.org.pl

Number of vacancies: 2

# Kindergarten #83

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Profile of this Kindergarten is artistic - ecological. Main aim of this project is to increase ecological awareness among children and connected with this idea of environment and nature protection. This institution consists of 6 divisions: 3 years old, 4 years old, 5 year old children.

## CONTACT PERSON:

Anna Nowak  
anowak@strim.org.pl

Number of vacancies: 4

Volunteers work only in older age groups, where they have better resources for the project implementation. All together there is 150 pupils in the kindergarten, by whom is taking care 15 teachers with pedagogical

education (among them 1 correction gymnas-tics teacher and one catechist).

It is expected from volunteer:

- to prepare and implement multileveled program about environment care and waste recycling.
- to encourage children to save the nature and teach them how to love natural environment.
- to provide children the knowledge how to segregate waste.

- to show proactive behaviour interesting ideas in preparation of posters with elements of their mother language, illustrating waste type. It would be a great advantage if volunteers could bring some materials about environment



Our kindergarten always keep in touch with us during all EVS project, what is very important!

Ex-volunteer

organises the countrywide plastic contest "Save the Environment" connected with celebration of "Days of Earth in Cracow".

care from their home countries. Since few years in April each year kindergarten 83 or-

# Kindergarten #77

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Kindergarten has 5 different children groups and takes care of children between 3rd and 6th year of life. For the inside activities there is an inside hall, where children can play during bad weather.

It offers:

- Participation in classes and co-

operation with teachers;

- The possibility to organize plays and games for kids, which show volunteer's traditions, culture and habits;

- The possibility to know Polish language better;

- The possibility to develop their interests and organize workshops for kids and their parents;

- The opportunity to create and put information about their country on the

You will never get bored,  
because they always care  
about you.

Ex-volunteer

board and website;

- The opportunity to participate in different parties such as family picnics, Christmas and Easter meetings and plays;

- The kindergarten gives the opportunity to know the Polish culture and traditions better while various trips to cinemas, theatres and other cultural places;

- The kindergarten owns the peaceful rooms where additional classes can be held. Volunteers can use them during their work with kids and meetings with other kindergartens.

The volunteer should prepare activities that will introduce some information about his own culture, country and language. The volunteer could make presentations with pictures, prepare songs or some words.



CONTACT PERSON:

Kasia Piatek  
kpiatek@strim.org.pl

Number of vacancies: 2

# Kindergarten #38

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## CONTACT PERSON:

Barbara Kecskes  
b.kecskes@strim.org.pl

Number of vacancies: 2

It is so easy to work in the kindergarten 38 but in the same time, we have so much things to do. Teachers are funny and nice. I do recommend it!

Ex-volunteer

Big kindergarten situated in Cracow in historical district called Bronowice. The main activities for volunteers will be to promote his country and culture, and also help teachers in a everyday activities. Volunteers can show children and also the teachers and parents his culture and history of his country by making board bulletin, prepare articles for the paper "The echo of our kindergarten" and have an influence on the web-page.

He can also organise games, plays, singing song and telling traditional stories to children. He will receive opportunities to present all information about his country, culture and language, for example, to organise Volunteers Day, and also one day in each month with knowing his language and one day

in month with traditional kitchen. Another important thing is that volunteer can take part in all varied annual or occasional events.

It is important to have good contact both parents and local community, so very often it is organized meetings, picnics, festivals, competitions, trips etc. Of course the volunteer will be able to participate in those activities.



# Kindergarten #176

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Kindergarten 176 is a place full of life and laugh. In addition to regular educational activities, there is music, theatre, gymnastics, rhythmic and dancing classes as well as social sciences and English.

"In my Hosting organisation we have the best work coordinator: she always wants to help and I feel so comfortable there."

Ex-volunteer

Volunteers work with children aged 4-5. They support daily work of teachers but they are also encouraged to implement their own ideas! Volunteers have an opportunity to learn about Polish culture and language, to discover the city, parks, museums, theaters, and much more.

Kindergarten is doing the best to adapt to the needs of volunteers but it also expects them to be flexible and open at work. Tasks for volunteers are:

- accompanying children in games, educational activities;
- helping teachers to prepare and conduct classes;
- helping teachers during walks, trips, excursions etc.
- helping children with artistic activities such as painting, drawing, cutting and sticking etc.
- helping to organize small events and celebrations;
- teaching about the volunteer's culture and country of origin



(through games, songs etc.)

- blogging about the daily life and work.

We are looking for volunteers open to new challenges, who like to work with children and who are sensitive to the needs of others. Volunteers should be open-

minded and highly motivated. It is expected them to have a great sense of humor and to share positive energy, because children love this kind of people.

CONTACT PERSON:

Ada Szpot  
adaszpot@strim.org.pl

Number of vacancies: 3



# Kindergarten “Little Angels”

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Public nursery and preschool „ Little Angels” in Krakow began operations on 1 September 2014. Housed in a modern building of high standard.

Public nursery and preschool Little

schools, local authorities and services including police, fire service and municipal police.

7. Activities including use of modern educational aids (kinetic sand and interactive carpet).

8. Taking part in organizing and running contests in nursery: helping children to prepare for outside competitions.

9. In outdoor activities: nursery gardens, neighborhood walks, school trips to the library, museum, theatre and cinema, Krakow sightseeing, and local area trips (Niepolomice town, “Zaczarowana Zagroda” agroturism, Wieliczka town and mine.

10. Taking apart in parents meeting and celebrating mother, father and grandparents day, international family day, Nativity plays, etc.

11. Meetings with specialist including psychologist speech therapists. Volunteers will get acquainted with documents and procedures obligating in nursery.

CONTACT PERSON:

Hubert Stinia  
hstinia@strim.org.pl

Number of vacancies: 2

Angels accepts children from 2.5 up to 6 years old. Nursery can accommodate up to 56 children. Volunteers take active part in whole range of nursery educational offer including:

1. Every day activities, preparing additional aids, free play corners and more. One-to-one for children with special educational needs.
2. Permanent additional classes: dancing, ethic, English, sign language, physical education and gymnastics.
3. Special classes: microbiology, economy and robotics.
4. Taking a part in nursery based theatre plays (Eden theatre and Urwis theatre).
5. Occasional workshops: floristry, pottery and art.
6. Meetings with guests: children from other nurseries and



Facebook page: [www.facebook.com/przedszkolemaleaniolki](http://www.facebook.com/przedszkolemaleaniolki)

Website: [www.przedszkolemaleaniolki.pl/414616317](http://www.przedszkolemaleaniolki.pl/414616317)

# Kindergarten #5

CONTACT PERSON:

Monika Kwiecińska  
mkwiecinska@strim.org.pl

Number of vacancies: 2

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Preschool No. 5 in Wieliczka is a public entity. Children from 3 to 6 years old attend to this preschool. 132 children are divided into six groups.

The aim is to provide preschool children care, education and teaching in the conditions of acceptance and security.

Preschool functions for 11 months a year, between 6 a.m. and 5 p.m.. Holiday break in the school year 2016/2017 is set for July.

Children's days in preschool go ahead according to the agreed schedule of the 3 meals, organized activities, free kids fun, rhythmic classes, English classes, walks, trips, contact with various institutions, ceremonies kindergarten in cooperation with parents.

Cooperation with the volunteers will be based on the exchange of experiences and learning cultures.

We're offering the participation in various activities related to the concept of work in preschool. Participants in the project will assist in the work of care and educating children aged from 3 to 6 and the development of teaching help. Activities organized by volunteers, which bring the knowledge of their countries, will be well received.

They will be included in the organization of Children's Day, Inde-

pendence Day, Nativity play. They learn about the tradition, culture and Polish language.

We expect support in teaching languages (especially English) children and workers.

The kindergarten is located in Wieliczka. In our town there is a historic Salt Mine entered on the UNESCO World Heritage List.

Everyday we could invite the volunteers to participate to attractive educational activities in the field of visual arts, gymnastic, mathematics, music, preparing children to learn reading and writing. We often go to music concert with kids, so do the volunteers. We'd like to involve the volunteers in the preparation and participation of several traditional ceremonies: Independence Day, Nativity, Grandparents Day, Mother's Day and Dad's Family Fest.

We're looking forward to play with the volunteers using their native languages (using some songs, poems or common games what will help children to know other languages in simple way,). WE also hope to increase the English level of our staff thanks to the contact with the volunteers.

We would like volunteers to present their ways of spending time with children and we'll support their ideas: we want the volunteers to take actively part in the classes. The volunteers will also help supporting the daily routine of our center as well as help the children dressing up or while they are eating their meals in kindergarten.

Website: [www.przedszkole5.wieliczka.eu/nasze-przedszkole/oferujemy](http://www.przedszkole5.wieliczka.eu/nasze-przedszkole/oferujemy)

# Application procedure

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## STEP #1



Fill-in the Application form from our web site (**don't forget:** in the application form there is one part that has to be filled-in by your sending organization!)  
[strim.org.pl/en/hosting-voluntarism](http://strim.org.pl/en/hosting-voluntarism)

**Deadline: 10 April**  
**Required documents:**  
CV & fullfilled application form

## STEP #2



Send all documents to the coordinating person (according to the hosting organisation).



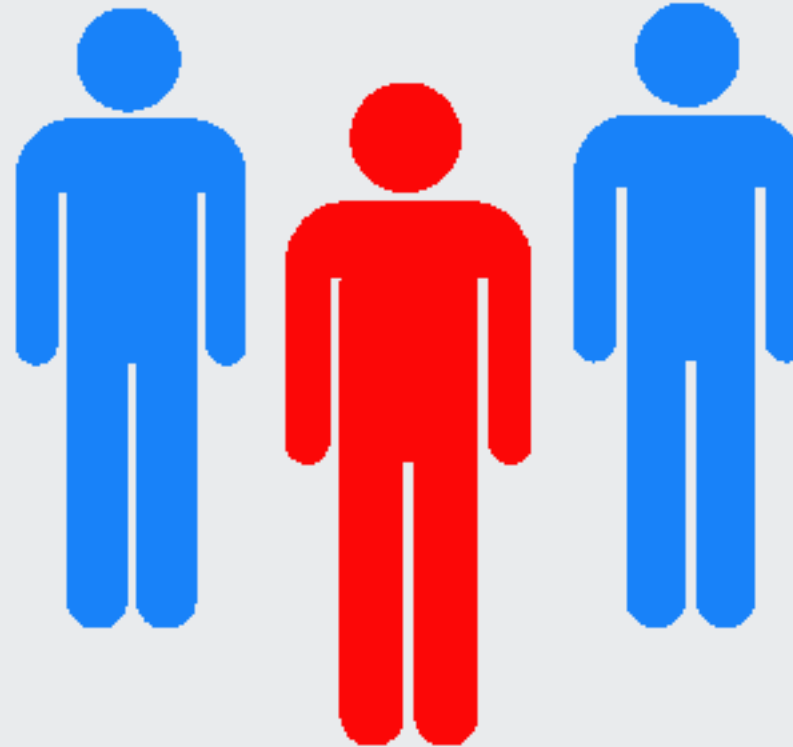
## STEP #4

Once you are selected, put your sending organization in touch with us.



## STEP #3

Skype interview with the selected participants.



Feel free to contact us anytime if you have any question: [strim@strim.org.pl](mailto:strim@strim.org.pl)

**Accommodation:** You will live with other volunteers in the apartment. You will share the room with another volunteers (rooms for 2 sometimes 3 persons) outside of the city centre. Kitchen and bathroom will be shared with other flatmates. The room will be equipped with basic furniture and the kitchen equipment. You don't need to bring your own things, like cutlery, plates etc. However you should take the bed-cloths. You might be asked to pay the caution (about 120 €) to the owner of the flat to cover eventual damages. The caution will be given back at the end of the renting period.

**Local transport:** You will be buying the bus and tram card for all the lines accessible in Krakow, for which the whole amount will be reimbursed.

**Language support:** You will have formal language training once a week. Coordinating organization will provide books and materials.

**Travel costs:** from home country to the venue of the project

(2nd class/APEX return train ticket) will be reimbursed to the volunteer or to the sending organisation from the coordination organisation in the maximum amount agreed in the grant application to the value of the ticket.

**Pocket money** will be given to you by the coordinating organisation once per a month in the amount of 85 Euros (it's equivalent in the Polish zloty according to the exchange rate given by the Polish National Agency) to your bank account.

**Money for food** is 400 Polish zloty/month.

The coordinating organisation will cover activity costs (task-related, linguistic and personal support, mentor, accommodation, food, local transport, administration/communication). The costs of preparation: arranging insurance, staying in contact with the volunteer, evaluation, follow-up, administration /communication will be covered by the sending organization.

It is absolutely possible  
to live in Poland with  
this money ;)

Ex-volunteer

# Practical information

# KRA

# KOW

All project will take place in Krakow. It is a city in the southern Poland, with a population of ca. 1 million inhabitants. The city is always full of students and young people.

In Krakow tradition merges with innovation at almost every turn. Thanks to this incredible accumulation of cultural events and sights the city was placed on the top 12 list of the UNESCO World Heritage objects.

Anyone who comes here discovers their own 'magical' Krakow. You may follow the paths of Nicolas Copernicus here or get some interest in places connected with Pope John Paul II.

Some will feel impressed with the unique in the world scale underground recess of the 17th century salt mine in Wieliczka town, some will prefer to spent long hours wandering in the old Jewish district of Kazimierz, while others will feel amazed by the altarpiece of Wit Stwosz in the St. Mary's Church. Taking advantage of its unique geographical location, Krakow wants to be a place in which different cultures and nations meet. Krakow has been always known for its openness and friendly atmosphere for its visitors.



# A few more words... pictures :)

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STRIM  
15 Anniversary



Workshop 4  
volunteers &  
mentors



Mid-term  
training in  
Torun



Hal-  
loween  
Party

USEFULL LINKS:  
fb: @stowarzyszeniestrin  
Some interesting videos:  
[vimeo.com/190831333](https://vimeo.com/190831333)  
[vimeo.com/203999363](https://vimeo.com/203999363)  
[vimeo.com/189454646](https://vimeo.com/189454646)



Just  
random  
evening...