

5 things to do while staying at home

#IORESTOACASA

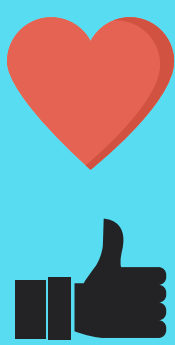
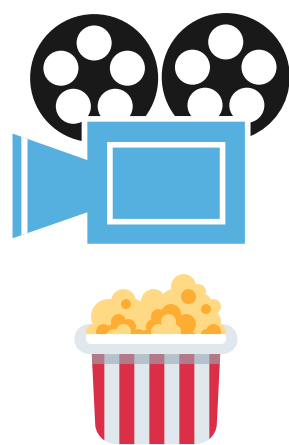


1.) WRITE

Take your time to share all your thoughts, emotions and experience. Write an article for our website. Keep a diary where you can daily add memories, sketches, ideas of your day. Or write some letters about this strange situation and how you're feeling about it.

2.) BOOKS AND MOVIES

Now you have all the time to read those books you always wanted to read, watch documentaries, oscar movies or just binge-watch your favourite series on Netflix. Share your book/movie list with us and other volunteers.

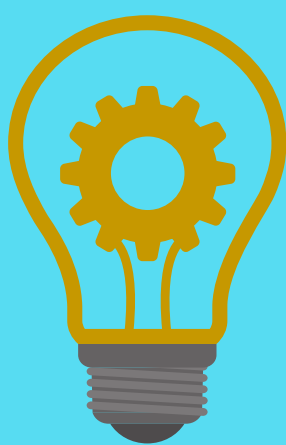
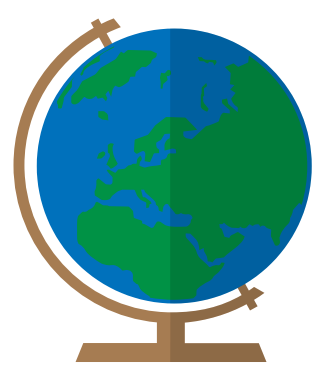


3.) PHOTO BLOG

Take a photo each day, choose a # and share it on your social media. Share it with the other volunteers in your program and stay connected during this surreal time. Remember, you are not alone!

4.) SHARE YOUR CULTURE

Make a presentation about your country and tell us all the amazing things you love about it. Think of specific traditions, holidays, beautiful places to visit, contemporary artists, film-makers, illustrators, interesting websites...whatever comes to your imagination! Share it with us!



5.) LEARN NEW THINGS

Since you have all the time in the world, how about learning something new? Or maybe you can start a new hobby. Think of something you always wanted to learn, do, improve, but never had the time. What better time to start than now?

OTHER THINGS TO TRY

Do tandem online lessons. Like this you can practice italian and teach someone your own language.



Make a list of tips and tricks for the next volunteer on what to do or not to do in your host organization.



Start an online challenge with the other volunteers (making pasta, singing a song in italian, curiosities on what happend during your experience here).