

# ESC PROJECT "LET'S LIVE EUROPE IN SARTHE"

IS LOOKING FOR NEW VOLUNTEERS – 14 VOLUNTEER OPPORTUNITIES



LE MANS, SARTHE, FRANCE // EDUCATION & YOUTH  
11 MONTHS (ARRIVAL DAY: 22<sup>ND</sup> OF AUGUST 2023 – END JULY 2024)

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# How the volunteering we offer is managed?

*“Let's live Europe in Sarthe” is a collective ESC project in the region of Le Mans, in France, that involves 14 volunteers in different places of volunteering, with a common goal: to educate on Europe, cultural diversity, mobility, and help people to get more easily in touch with Europe in making it more concrete by exchanging with people from different European countries. We strongly believe that meeting others can help strengthening open-mindedness, equality, diversity, and citizenship, and our team of volunteers is taking on this challenge all year long!”*

The House of Europe (“Maison de l'Europe” in French) manages several European mobility projects, in particular European volunteering projects (European Solidarity Corps). This guide provides information about the 14 following volunteer opportunities. You can apply for more than one if you are interested by several volunteer missions:

- Volunteering at the House of Europe (1 volunteer opportunity)
- Volunteering at the rural boarding schools MFR (6 volunteer opportunities)
- Volunteering at Joseph Roussel high school (1 volunteer opportunity)
- Volunteering at the “Les Horizons” high school (1 volunteer opportunity)
- Volunteering at the municipality of the town of Le Mans (2 volunteer opportunities)
- Volunteering at the municipality of the town of Rouillon (1 volunteer opportunity)
- Volunteering at the municipality of Saint-Georges du Bois (1 volunteer opportunity)
- Volunteering at the social center of Le Grand-Lucé (1 volunteer opportunity)

## The role of the House of Europe

The House of Europe has a coordination role and provides the financial and administrative management of the project. Administrative work, management of accommodation and transport for the volunteers, payment of allowances, are as well organized by the House of Europe. Questions about daily life at the volunteering place, the missions and the activities are managed by the host institution and the tutor. The House of Europe has a supporting and mediating role. For every project, the volunteers have a tutor in each place where they daily volunteer.

## Aims of the projects

The goals of the different projects are very similar: the idea is to make people in our region Sarthe aware of the European Union, to encourage interculturalism and openness to others, and to make the (young) people you work with aware that European mobility is also possible for them. By welcoming European volunteers all year, the public of the different places will be able to deconstruct their prejudices and be less afraid of differences, while learning to interact with someone from another culture. All the volunteers are linked to develop common projects and enhance the presence of European volunteers in the region of Sarthe.



# « Département de la Sarthe » and its locations of the 14 ESC missions:

(All volunteers are living in the city of Le Mans and use transports to reach the mission everyday)



Check our interactive map and get more information on our website here:

> <https://europe-en-sarthe.eu/the-projet-lets-live-europe-en-sarthe-is-looking-for-new-volunteers/>

# PRACTICAL information

*Your food, accommodation, insurance, pocket money and your travel costs will be covered by the European Solidarity Corps program.*

**Travel:** You will be reimbursed on a base of a budget depending on your means of transportation and the country you are traveling from (from 180€ to 410€ for roundtrip.)

**Accommodation:** You will have your own room in a shared house near the center of Le Mans, with easy access to local transportation for your daily commutes. Common spaces are shared with other volunteers.

**Monthly expenses:** You will get each month money for your food, and pocket money, transferred in your bank account at the end of the month you have just done. Pocket money is 210€/month, and food money is either 210€/month + lunch offered at the school canteen on workdays or 240€/month if no lunches are covered.

**Language:** You will have access to the EU Academy platform for online French classes, and you will have the possibility to take part in French classes at the university of Le Mans.

**Dates:** 11 months mission from the 23<sup>rd</sup> of August (arrival day in France: 22<sup>nd</sup> of August) to the end of July.

**Planning:** You will volunteer for about 30 hours per week smoothed over the year. You will not volunteer on weekends -excepts maybe 3-4 times during the year-. For every volunteering month you have 2 days off, so 22 days for the whole mission.

**Training:** The French ESC Agency organizes 2 seminars (one on arrival and one mid-term for about a week, with other ESC volunteers in France). All expenses are fully covered.

**Common project:** You will take part in common project in between volunteers and common meetings throughout the year.

**Insurance:** You will be covered by Henner insurance scheme from the European Commission.

**Local transportation:** You will be provided a card to use tramways and buses of Le Mans and surroundings unlimited + the mean of transportation for your daily commute + a bike + a discount card for French railways.

**Application process:** After reading our infopack, you want to be part of this adventure?

You can go on our website to download the application form : <https://europe-en-sarthe.eu/the-projet-lets-live-europe-en-sarthe-is-looking-for-new-volunteers/>

Application is complete with the application form, your cv, and a little video. Once complete, you can send it to [evs@europe-en-sarthe.eu](mailto:evs@europe-en-sarthe.eu)

Zoom calls will be organized to meet and check if the project is right for you 😊

# THE HOUSE OF EUROPE IS LOOKING FOR A EUROPEAN AMBASSADOR!

*We are looking for a young European volunteer who is motivated, full of ideas to share about Europe with local inhabitants during a year and be part of our team! 2024 is the year of the European elections!*

La Maison de l'Europe Le Mans-Sarthe, hereinafter referred to as the House of Europe of Le Mans, also a Europe Direct Information Centre, is a non-profit organisation with no political or religious affiliation. In our daily activities, our purpose is to raise awareness and inform the inhabitants of the French department of Sarthe about European citizenship and thus contribute to building a Europe of citizens. The House of Europe is a friendly place, ideal for discovering, meeting, experiencing, and exchanging on Europe!

The purpose of this House of Europe is to promote an active citizen involvement and to contribute to bringing closer European citizens in order to have a better understanding of other cultures. The House of Europe is a member of the French Federation of European Houses, and a member of the Erasmus+ network by the French Erasmus+ Agency. We are also an Information point for the Franco-German Youth Office (FGYO/DJFW) and a Europe Direct Information Centre, directly certified by the European Commission.

**Information and documentation for all audiences:** As an information Centre, we provide our visitors with information on the European Union and its politics but also on other European countries. Our Centre puts at your disposal a wide range of documents, books, brochures, and board games about Europe.

**Teaching activities:** We organize educational workshops on Europe on a nearly daily basis in schools, leisure centers, twinning committees, and social centers. We also organize workshops and fun activities within our premises to enable primary and secondary school pupils to discover Europe.

**Festive and cultural events:** Every year, the association organizes festive events for the general public. We organize debates and citizen dialogues, exhibitions within our premises or outside, we take part in festivals, etc. These actions always aim at raising awareness about European values and discovering European countries and their culture. Every year, we celebrate Europe Day in the city center of Le Mans.

**Mobility programs:** The House of Europe is a LEAD structure for the European Solidarity Corps program (ESC). Since 2016, we have welcomed more than 50 European long-term volunteers. We manage an Erasmus+ VET project and lead a consortium of 11 VET schools: Mov'Europe. We are raising awareness about mobility programs and encouraging students from underprivileged and rural backgrounds to have a mobility experience. As an Information Point for the Franco-German Youth Office, we advise young people on Franco-German mobility programs too. We also work with the Erasmus+ French Agency to develop Erasmus+ project in our region.



## Mission

- Go to primary schools to promote Europe and talk about your country and your culture. You can create your own educational tools to present your country or the EU in a fun and interactive way.
- Participate in the activities about European Elections of 2024.
- Lead workshops about your country and your culture with local kids and teenagers during holidays in our Sarthe.
- Create specific communication tools (videos, exhibitions, articles for the website etc.) in order to make young people aware of European citizenship and educational tools of communication to present the EU and its policies, or one of the countries, or mobility etc., on our website.
- Help us to be active on social media (Facebook, Twitter, Instagram, YouTube).
- Manage the specific Instagram account of European volunteers in Sarthe.
- Inform on mobility opportunities for youngsters.
- Take part and help to organize some European events (Europe Day, Green Deal activities, gathering of students...).
- Connected to European subjects' possibility to develop own projects and take initiative in the frame of the work of La Maison de l'Europe.
- In addition, the volunteer will work on some common projects with the other European volunteers staying in Sarthe with the Maison de l'Europe which is the coordinator of these European Solidarity Corps projects.

# MUNICIPALITY OF "LE MANS"! - 2 & 3

The first mission is a mix with two services of the city, the Childhood Youth and Sport Service, and the Education Service. The volunteer will be on mission on 2 distinct structures: In the morning at Education, and in the afternoon at EJS during school term.

The Childhood Youth and Sports Service (EJS) of the City of Le Mans is made up of 3 departments, Youth, Childhood and Sport, and has 200 employees. Within this large service, it is the youth center made up of 25 agents, who will physically welcome the volunteer.

Three main axes on which the volunteer will be involved guide the work of the service:

1 - Highlights: major events that have become unmissable for 13–30-year-olds are offered by the Youth center of the City of Le Mans. These events are prepared in direct connection with the young people themselves who are involved in the construction of the projects.

2 - Activities: The Childhood, Youth and Sports department offers sports and cultural activities to be as close as possible to the expectations of young people. It promotes their practices while transmitting the positive values of cohesion and solidarity of each discipline.

3 - Initiatives: The Childhood, Youth and Sports department supports and accompanies projects and initiatives young people. It values their resources and develops autonomy and the spirit of initiative by considering them as fully-fledged actors in their lives and their territory.

The Education department of the City of Le Mans operates with 950 people. All its activities are offered during the 36 weeks of school, and during school holidays. On average each year, schools in the city of Le Mans educate 11,155 students.

It will be proposed to the volunteer to act alongside the municipal agents but also to intervene with the young public in as part of the following municipal activities:

1 - During extracurricular times: before and after school, the City of Le Mans offers to welcome children, families can use this service. On average, 1,700 children attend after-school care every day.

2 - Wednesday afternoons: the leisure centers welcome 3–15-year-olds on Wednesdays during the school term. The children take part in educational, sporting, and cultural activities. On average, 800 children attend leisure centers every Wednesday afternoon.

## Missions

- *Your role will be to propose after-school-activities to the children of primary schools.*
- *You will be in contact with teachers and students in secondary schools to promote the European Union, solidarity and mobility programs.*
- *You will help to organize youth activities, events and festivals taking place during weekends (about art and music) or school holidays (organization of sport courses, photo-press-radio sessions, and other).*
- *You can contribute to inform and organize your own activities for young people (exhibitions, language exchanges, video contests...) in the Youth Information Point of the city and you will invite to share about your experience as European volunteer.*

*This mission is for you if: You are comfortable with kids and teenagers as an activity leader. You are willing to speak French. You are flexible and eager to discover lots of different activities and meeting new people.*

The second mission is in the Protocol-External Relations-Events services of the city.

*The Protocol-External Relations-Events department, attached to the Cabinet of the Mayor of the City of Le Mans is composed of 4 poles and has 15 agents:*

- protocol, public relations, and events (contributing to the promotion of the City of Le Mans and Le Mans Metropolis by setting up, coordinating, and monitoring various actions and events);
- international relations.
- tourism development.
- physical (City Hall and Condorcet) and telephone reception.

*The objectives of our service are:*

- organize and participate in patriotic ceremonies,
- ensure the administrative and logistical management of events of all kinds (Parade of the 24 Hours of Le Mans drivers, Christmas market, Faites Lire! Le Mans Sonore, Puls'art, 4-day fair, Youth Forum, Night of Chimeras, market Young Creators, City tour of new Manceaux, Tour Vibration, etc.),
- organize and participate in various receptions,
- update protocol lists, create and send invitations for all events,
- manage international relations, continuation, and development of existing links with twin towns and cities friends of Le Mans,
- bring out new tourist offers and build a real strategy to develop the attractiveness of the territory,
- finally, through physical and telephone reception, we guide users as quickly as possible in order to best respond to their request.

The ambition of the new municipal team, elected in June 2020, is to develop actions around relations international organizations, in particular a wish for a new twinning with a Spanish city, but also to promote the existing twinning and the attractiveness of the city, to create synergies between the events organized by the city and the tourist offers offered to the target audiences in order to develop better visibility and the attractiveness of the City of Le Mans and its Metropolis.

The volunteers will be physically welcomed within the first and second pole. These services already have experience in welcoming volunteers in civic service but also trainees. Our interest in the European volunteering is directly linked to the desire to open our city to Europe and the world.

With more than 140,000 inhabitants, the city of Le Mans is the biggest city in the department! Famous for its sport competitions, Le Mans also conceals heritage treasures and offers major cultural events. The city, which has preserved its natural side, is perfectly accessible by different types of transport. The city of Le Mans applies for the inclusion of the medieval defense wall as a UNESCO World Heritage Site.

### */Mission /*

- Your role will be to assist the team in the creation of communication tools aiming to welcome new residents and tourists.
- You would be in close contact with the «center of attractiveness» which aims to boost tourism.
- You will support the development of twinning between the city of Le Mans and its partners (in Germany, UK, Russia, Greece, Japan, China...).
- You will work on the development of new partnerships with future twinning.

This mission is for you if: you are interested in international relations. You are comfortable with office work. You like planning for events and meetings, and you are willing to speak and write in French.

# LET'S LIVE EUROPE IN RURAL AREAS IN FRANCE!

## 4-5-6-7-8-9

This project involves 6 volunteers from different European Union countries. Each one of them will volunteer in one of the 6 boarding schools who are local training centers for teenagers from the surroundings of Le Mans, in the department of Sarthe in France. The local training centers are called: the “Maisons Familiales Rurales” or MFR (literary translated as the “rural family houses”).

MFR hosts young pupils having difficulties with the French traditional school system and who are looking for a new way of learning. The MFRs are in our region Sarthe and each MFR is in a different village. The 6 volunteers will be accommodated together in a house in Le Mans, the biggest town of the department, but each of them will have to go by car or by public transportation to its MFR. Some MFRs provide a car to the volunteer to go to the MFR (1-hour round trip per day). Other volunteers need to take the train (2-hour round trip per day).

One of the challenges of this project is to bring Europe in rural areas toward pupils who have no knowledge at all about Europe and its countries. Therefore, the transports issue is important, and all applicants must have a driving license. You can choose to apply for the 6 vacancies or choose specific training centers regarding the topics of the diplomas prepared by the pupils (healthcare, forest...) for example.

Volunteers will be regarded as full members of their team and will be included in the daily work of each center. They will have the opportunity to use and improve their own abilities: volunteers will develop their sense of initiative, gain new skills and knowledge through the organisation of different activities for the MFR (workshops, courses, individual support, sports, games, presentations, lectures). The volunteer must therefore be willing to work with teenagers and to use non formal learning's methods. During the project, the volunteer will mainly be in touch with the young people that are hosted in the MFR, but not only. They will be encouraged to submit and implement their own projects, with possibilities of partnership with other local organizations. The volunteer will act as an ambassador of his/her country, and thus will try to promote values such as diversity and interculturality. The purpose of the French MFR is to develop a global approach of education, by using strictly formal, non-formal and informal learnings. Their practices are based on a work-linked training: all students spend one week in the MFR and the following week in the company where they got a traineeship.

In the MFR, young people and adults find a pleasant environment especially adapted to develop their abilities. The school ensures the pupils full boarding and organizes lots of collective activities so that everyone works with one another. It also tries to open pupil's minds to cultural life thanks to activities led during the day or the evening and prepares youngsters and adults to a successful integration into society in which they can find a place and take responsibilities. The volunteer will be asked to organize and lead some of these collective activities.

The volunteers will follow and help the “moniteurs” (teachers) in their daily tasks. The “moniteurs” stay all day long at the MFR. They have various functions: they facilitate good relations in the group, they teach, they take an active part in the education aim while supporting each youngster's project. They are qualified to implement the alternance training system and they know very well the “Maison Familiale Rurale's” environment, youngsters, their families and the training managers.

## Get to know more the 6 MFRs...

For all the missions, driving license is mandatory as you will probably at some points use a car to make transportation easier for you. All missions are different, and you can apply to several missions, but take care to read information carefully and apply those you feel motivated for. The part “this mission is for you if” is only there to help guide your choices, but even if you don’t meet some of the criteria but you’re interested anyway, don’t hesitate to apply still! In the MFR’s you will sleep once or twice a week at school, after leading activities in the evening. Also, you will have lunch (and dinner and breakfasts) at the MFR canteen.

### Missions for you :

- You will be considered as a full member of the team and will be included in the daily work of each center.
- You will develop your sense of initiative, gain new skills and knowledge through the organization of different activities for the MFR (workshops, courses, individual support, sports, games, presentations, lectures)
- You will work with teenagers by using non-formal learning’s methods.
- During the project, you will mainly be in touch with the young people that are hosted in the MFR, and you will be as well encouraged to submit and implement your own projects, with possibilities of partnership with other local organizations.
- You will act as an ambassador of your country, and thus you will promote values such as diversity and interculturality.
- You will organize and lead some of the collective activities.

MFRs are all based on the same system, 50% of the time in school, and 50% internships. They propose several degrees:

- Orientation classes, to get a first diploma and discover a working environment, for 14- and 15-years old pupils.
- Professional baccalaureate in different fields.
- Higher education program (not in all MFRs).

Watch the full movie about the project: <https://bit.ly/2OnQx8q> or take 7 minutes to watch the sum up: [https://youtu.be/1JkSD\\_derOQ](https://youtu.be/1JkSD_derOQ)

## FYE

The MFR of Fyé welcomes young people from aged 14 to 20 (80% of them are girls). This is a rather small MFR (80 students) with a very friendly and familial atmosphere. Main focuses: Healthcare and services / Social / Agriculture.

- Orientation classes.
  - Professional baccalaureate degree called SAPAT to prepare young people for several care-based jobs, such as working with children, caring for the elderly and the disabled people, activities related to tourism, community center activities...
- ➔ 37 minutes commute with the train from Le Mans to La Hutte Coulombiers (3km from the MFR).
- ➔ <https://www.mfr-fye.fr/>

This mission is for you if: You are willing to spend your time with teenagers and get to know them / You are creative and autonomous / You don't mind long days with transportation / You are willing to share about your culture, your country. / You value non formal education / You are open-minded, and outgoing / You are willing to learn and use French daily.

## LA FERTE-BERNARD

The MFR of La Ferté Bernard, also called "Les Forges", is specialized in the protection of the environment and biodiversity. It welcomes 130 pupils every year, from the age of 14. Main focuses: Forest / Nature.

- Orientation classes.
  - A professional baccalaureate degree on Forest Management.
  - A professional baccalaureate degree on Management of Natural Habitats and Wildlife.
  - A higher education degree on Management and Protection of Nature.
- ➔ 26 minutes commute with the train from Le Mans to La Ferté-Bernard (3km from the MFR).
- ➔ <https://www.mfr-fertebernard.fr/>

This mission is for you if: You speak a little bit of French, are willing to learn and use it every day. You speak a good level of English. You are more than 21 years old, and you have your driving license. You are interested in biodiversity and natural spaces. You have knowledge about European union and its institutions. Numeric skills and artistic skills are very welcomed. You are comfortable with teenagers and ready to share about your culture/knowledge.

## COULANS-SUR-GÉE

The MFR of Coulans-sur-Gée welcomes every year approximately 200 young people, aged from 14 to 20. Main focuses: Healthcare services / Social / Agriculture

- Orientation classes.
  - Professional degrees called CAP SAPVER and BAC PRO SAPAT to prepare young people for several care-based jobs, such as working with children, caring for the elderly and disabled people, activities related to tourism, community centre activities, reception, secretarial work... and also commercial jobs, like seller in bakeries, in supermarkets, in farms...
  - A professional diploma called CAP "Young children"; to prepare to all kind of jobs with young children.
- ➔ The MFR will provide a car to the volunteer so that (s)he can drive from Le Mans to Coulans (20 km).
- ➔ <http://www.mfr-coulans.fr/>

This mission is for you if: You are willing to speak French / You have interest in leading sports and creative activities for teenagers. You like cooking. You want to share your culture and your language with the students. You have a driving license and like to drive

## THORIGNE-SUR-DUE

The MFR of Thorigné-sur-Dué welcomes around 80 pupils, divided in 4 classes, with most girls, and a very familial and friendly atmosphere.

- Orientation classes.
- Professional degree called CAP SAPVER to prepare young people for several care-based jobs, such as working with children, caring for the elderly and disabled people, activities related to tourism, community centre activities, reception, secretarial work... and commercial jobs, like seller in bakeries, in supermarkets, in farms...
- A professional degree called CAP Leatherwork.

➔ 15 minutes commute with the train from Le Mans to Connerré-Beillé (6 km from the MFR).

➔ <http://www.mfr-thorignesurdue.fr/>

This mission is for you if: You are willing to spend your time with teenagers and get to know them. You are creative and autonomous. You are willing to share about your culture, your country... You value non formal education. You are open-minded and outgoing. You are willing to learn and use French daily.

## BERNAY-EN-CHAMPAGNE

The MFR of Bernay-en-Champagne welcomes around 200 young people, studying in two fields: social and care based jobs or agricultural education, from 14 to 20 years old. This MFR is the biggest of all the MFR with many boys.

- Orientation classes.
- A professional baccalaureate degree in 3 years called "CGEA" (conduct and management of a farm).
- A professional degree in 2 years called "Careers in agriculture".
- One class for the last year of the professional baccalaureate degree about social and care-based jobs (the first 2 years are in another MFR: Coulans-sur-Gée).
- One higher education diploma called DATR "development and animation of rural areas".
- One higher education diploma called ACSE "Analysis and management of operating strategies in agriculture".

➔ The MFR will provide a car to the volunteer so that (s)he can drive from Le Mans to Bernay (25 km).

➔ <http://www.mfr-bernayenchampagne.fr/>

This mission is for you if: You are open-minded, outgoing and have skills in leading activities for teenagers. You are 20 years old minimum and have a driving license for 2 years already. You speak a little bit of French and are willing to learn and use it every day!

## VERNEIL-LE-CHETIF

The MFR of Verneil le Chétif welcomes around 150 young people (mainly boys) divided in 8 classes. Its main focuses are agriculture and landscaping. It's the most rural MFR of all.

- Orientation classes.
- A professional baccalaureate degree in the field of agriculture.
- A professional baccalaureate degree in the field of landscaping.

➔ 26 minutes of train commute from Le Mans to Mayet (4 km from the MFR).

➔ <http://www.mfr-verneil.com/>

This mission is for you if: You have artistic skills and are willing to share it with the students. You are interested about European union. You feel comfortable with social medias and graphic design. You have a good level of English, and you are willing to speak French daily. You want to develop an exchange with your country.

# THE VOCATIONAL SCHOOL "LYCÉE PROFESSIONNEL JOSEPH ROUSSEL" IS LOOKING FOR ITS NEXT EUROPEAN AMBASSADOR! – 10

*About 440 pupils' study at the technical college "Lycée professionnel Joseph Roussel". Located in the city center of Le Mans, the school provides courses specialized in social care, healthcare as well as catering. The technical college has always been developing international partnerships and organizing language and cultural exchanges e.g., in Spain and the United Kingdom as well as internships in Spain, Greece and Portugal in order to develop students' cultural openness. The project aims to develop students' European awareness too and help them to open more and more to the world and others. You will be part of this European adventure!*

For several years now, the Lycée has had unifying and exciting experiences in the field of European professional mobility. The intention is to continue in this dynamic, to strengthen openness to the world, to others and to develop European citizenship, thanks to the presence of a volunteer.

It is about diversity education. It's about getting to know each other, accepting difference, respecting others. It's about arousing curiosity to make you want to leave your comfort zone, and perhaps go and live other experiences beyond borders.

Joseph Roussel offers training in the health, social, entertainment and food professions. We work there in projects: animation projects, invitation of speakers, company visits, trips, work with associations, local authorities, various partners, interventions on certain events.

The objective of volunteering is that the volunteer imbibes French culture and makes students aware of openness to others and European citizenship.

Openness to the world is part of the educational project. Its broad outlines are as follows: to allow the opening to the professional, cultural, economic, local world... in order to find its place, promote and enhance the taking of responsibilities, proposing innovative approaches to help everyone be a player in the world of tomorrow. It is this verse what are the tendencies of the steps of opening to Europe undertaken for a few years. Yet Europe is not an evident for many young people from rural or less privileged socio-economic backgrounds. But our ambition is that they build themselves, open to others, to Europe and to the world around them. Welcoming a volunteer to the high school is an additional possibility of introducing our pupils to the European idea, of raise awareness, familiarize them with the idea of mobility, motivate them and make them want to live the experience.

At the Lycée Joseph Roussel, we manage many projects: all the sections of the school develop recreational activities, invite speakers for conferences, visit companies, collaborate with associations and local communities, take part in some events and work with diverse partners.

To find more information (in French) about the technical college: <http://www.lyceeroussel72.com/>

## /Mission/

- Your role is to promote Europe and your country among students (through socio-educational activities, language workshops and refresher courses, a Club Europe) and help the college in forging links with other schools and thus, create new working or mobility partnerships.
- You will manage the Europe corner, in collaboration with the librarian, and work on communication actions (website of the college, blog, Facebook page, the press).
- You will be invited to develop Europe-related games and recreational activities over lunchtime.
- You will especially work on mobility programs: encourage students to take part in a European experience and promote mobility in Europe through the Language Club and the European section, support students in writing their application form (CV, cover letter), brief them before departure, follow-up. You will intervene during Individualized Support sessions to help students and take part in collaborative projects.
- You will come along with students to any exterior visit (+ travels and stays in France and abroad, professional mobility abroad).
- You will take part in any key event of the school: Welcome Days in September, Olympiads (September), Christmas, Careers Fair (February), Carnival, Open Day (March), Day of Talents (April), Europe Day, etc. Any other suggestion will be appreciated for the European Day of Languages or Erasmus Days.

This mission is for you if: You are interested in spending time with teenagers, you can speak English and you are motivated to train them about mobility. You have interest in encouraging teenagers in healthy lifestyle. You enjoy working in a team. You speak some French in order to be in touch with the whole team of the school. You are 21 years old minimum.

# The Social Center Le Grand-Lucé - 11

The Center Social Rural de Lucé is an association created in 1975 and whose goal is to "promote, create, manage all activities and services of a health, social, cultural, educational, family nature in favor of children, adolescents, adults, people elderly and families in general. Located in Sarthe, 30 kilometers from the city of Le Mans, the Center Social Rural de Lucé is a recognized association of general interest, approved by Youth Education Popular. The Social Center team is made up of 24 permanent employees, 20 temporary workers and 40 volunteers.

As a local structure, the social center works with and for the inhabitants in order to find answers to many questions of daily life: childcare, educational leisure, family activities, fight against isolation, help to mobility, food aid.

The social center intends to be a center of initiatives carried by inhabitants, supported by professionals, capable of defining and implementing a social development project for the whole population of our territory and to implement a social development project for the whole population of our territory of intervention.

Our reference values are popular education, namely human dignity, solidarity and democracy. Our ways of action are rooted in the lived experience of the inhabitants.

## **\* OBJECTIVES OF THE SOCIAL CENTER \***

1- Allow the child and the teenager to enjoy spaces of freedom, while being aware and respecting the fixed framework by laws and rules. Authority is a form of power that does not destroy freedom because it seeks consent, consent and ultimately autonomy.

2- Promote the development of the autonomy of children and teenagers, respecting the needs and characteristics of each age (capacity for initiative, creativity, taking responsibility, etc.). Teamwork of animation consists in proposing situations and elements allowing each one to build their bearings in the time, in space and in interpersonal relationships.

3- Empower children and teenagers to make them capable of deciding, acting and making choices. Promote and allow for the learning and experimentation of democracy. Young people are encouraged in active citizenship and participatory democracy: that everyone can get involved or cooperate on the same project but also that everyone can express themselves and find their place.

4- Promote social ties by strengthening solidarity, intergenerational relations, various partnerships. Setting common ideas, wills and means of the greatest number for the benefit of a common interest, participates in the wealth exchanges and the success of the actions. Whether you are an association, community, institution, young and fiery, or old and disabled, everyone benefits from exchanges based on respect and recognition of the other.

The social center of Lucé has the will to continue the development and to support the cooperation of young people in the Union European Union, to encourage their participation in public life as well as their spirit of initiative, enterprise and creativity.

## / Mission /

- participate in socio-educational, cultural, artistic, scientific and sports activities with a teenage audience.
- work with the youngsters from 11 to 17 years during the school vacations (2 weeks during the All-Saints' Day vacations, 1 week during the Christmas holidays, 2 weeks during the winter vacations, 2 weeks during the spring vacations and the month of July)
- preparation of activities and distribution of the program takes time, and we will devote our efforts to it outside of the vacation periods.
- The volunteer will be asked to discuss with the young people to identify their needs and desires. He/she will build the projects with the professional animators and partners before the vacations.
- to animate the youth room on Wednesday afternoon with a professional animator, opening from 2pm to 5pm.
- to animate the school's foyer daily during lunch break with a professional animator, opening from 1pm to 2pm.
- to participate in cultural, linguistic and artistic awareness projects at the Grand Lucé school in partnership with the teachers
- to participate in events organized by the social center (e.g., youth festival, forum of associations, day against harassment...).

This mission is for you if: You are okay with traveling daily with a bus for 2 hours. You are open to meeting new people and connect with young people. You want to get involve in European projects (youth exchanges). You are dynamic and outgoing.

## The high school Les Horizons – 12

*LES HORIZONS is a private professional high school, under association contract with the State, establishment of service to the person and the territory, and social work. It depends on the Ministry of Agriculture. The establishment is 70 years old. It extends over 2 places in the department of Sarthe, ST SATURNIN on the northern outskirts of the city of Le Mans and SAINT GERVAIS EN BELIN in the south of the department and welcomes around 350 learners. The school has a wooded park, a large car park, a library, a self-catering and a boarding school, as well as 6 professional workshops.*

*One of the most important activities will consist of supervised sessions of cultural inter-exchanges for support in language.*

*- It will be a question of organizing sessions inside and outside, where volunteer students will come to meet the young person Spanish volunteer, and where we will organize thematic sequences in order to better inter-discover and interact on the different parts of our respective cultures and customs.*

*- With regard to pupils in difficulty and far from cultural diversity, who make up the bulk of our public, the objective is to open them up to other personalities, other cultures, other lifestyles, and for example, why not, living conditions not necessarily better elsewhere (make them understand that their difficulties are relative, identical on the outside) and that they cannot be a hindrance to personal and professional life.*

*- It is a question of developing cultural richness through the learning of the respective mores and by comparison: language, clothing, hobbies, education-training, sport, customs, habits...from playful activities such as board games, moments of conversation/debate, short videos, preparation for the cultural trip...*

*- By discovering another (the young foreigner) by understanding him, by learning to exchange, and laugh with him, this will demystify the other, the one who is different, and this will contribute to living well together.*

*- Implicitly, without the students feeling like a traditional lesson, this will allow them to learn the language Spanish, and for some to facilitate their future mobility in Spain, for others to maintain a former second language at school and which, unfortunately, during professional studies, no longer exist. Make up for this lack otherwise, by means other than the courts.*

*- This will also allow the young foreigner, through cultural, playful, social and linguistic interactivity, to enrich themselves in a plural way, and why not, to create international links. The whole week in high school will be pretext for these moments of interactivity, in class and outside of class.*

### / Mission /

- Listening to and chatting with students (students appreciate these times of exchange with young adults, related to adults of reference). The students will be 4th/3rd graders.
- Participate in cultural exchanges through the participation in discussion spaces or the proposal of playful activities, such as preparing meals with students, staff members, etc.
- To be present and active during outdoor games and various animations (blind test for example) animated by the volunteer (activities are always supervised by a professional from the school).
- Propose workshops on their culture, country, passions and talents and invite interested high school students to join the group to join. For example, by integrating the volunteer into certain courses.

## The town of Rouillon - 13

*In the town of Rouillon (2300 inhabitants) we are searching for an ambassador of an eco-friendly lifestyle, who can educate children, young people and adults about the environment and environmental action. No need to be an expert... just full of motivation about this subject and willing to share it with locals. The main objectives will be to improve the status of the school canteen by working on sustainable initiatives, and to promote carbon-free travel by leading various projects with the school and community.*



Rouillon is a suburban town located west of Le Mans. Its population is 2330 inhabitants for an area of 915 ha. Its significant demographic evolution over the last thirty years has required the development from the community. It was first the gymnasium in the 80s, then a new town hall in the 90s which were built. In 2001, the school was extended and renovated integrating the municipal library, and the municipality, rich in numerous and active associations, required many adjustments. It is equipped with equipment consequent sports including a gymnasium, three football pitches, a tennis hall with 2 courts and 2 courts exteriors. For the other activities of the associations, the municipality has several rooms available to these latter, including the Gandhi and Mandela rooms adjoining the Gymnasium and the rooms of the Vaujoubert estate.

The decision to welcome a young European was discussed and validated by the municipal council. It is therefore a question of a will policy of our team which considers the city of Rouillon as deeply European. As the program provides, our wish is to strengthen cohesion, solidarity, citizenship and democracy in Europe by allowing young Europeans to live a voluntary experience and by allowing our citizens to rub shoulders with a young European daily. We also want to allow young people to gain experience, skills and competencies useful for their personal, educational, social, civic and professional development, thus, improving their employability and active citizenship while feeling fully European. By welcoming young people in ETUC, we want to develop a European culture, make citizens aware of openness to others and to European citizenship through the presence of a young European where they live. We know the difference makes fear, that what one does not understand (cultural, linguistic, religious, ethnic differences, etc.) can lead to stay among themselves, in their community. Through our

involvement in the CES, we want to educate about diversity by creating opportunities for meetings and exchanges. Welcoming young Europeans means bringing diversity, to learn to relate, to learn to know and know each other and to learn to accept. The challenge here is learning to live together respectful of the similarities and differences of each and so promote social cohesion. Young people in CES take part in cultural openness and learning about citizenship and tolerance. They make it possible to arouse the curiosity of the citizens encountered who position themselves by "welcoming" and welcoming is not a trivial gesture either. Welcoming is an important step to understand the interest, wealth (and sometimes the difficulty) of mobility. Welcome the volunteer to want to meet the other and expand his horizons beyond its local territory.

## / Mission /

The volunteer will lead the development of eco-friendly initiatives in the municipality of Rouillon, educating and encouraging inhabitants to take care of the environment with their daily actions. More specifically, missions may include:

- Work with the school canteen and local producers to educate school children on the benefits of a greener menu (local produce, organic produce, changing their attitude to vegetarian options)
- Work with the school, school canteen, activity center, and other local institutions to lead by example by reducing waste and promoting more sustainable waste management (recycling, compost, etc.)
- Facilitate cycling in Rouillon : propose cycle paths, bike reparation stations, etc.
- Organize activities for children around the topic of taking care of the environment, in class, during school break times, or at the local activity center (which runs on Wednesdays and during the school holidays).
- Support the local Youth Council (CMJ) in launching eco-friendly projects for the town.
- Organize community events (workshops, excursions, fairs, clean walks) to encourage eco-friendly actions.

*This mission is for you if: You are eager to work in different teams. You want to spend time with kids and teenagers. You are interested in discovering the life of a small french town. You are interested in environmental issues and motivated to bring small changes to the community.*

## The town of Saint-Georges-du-Bois - 14

*Saint-Georges-du-Bois is a French commune in the Sarthe department, in the Pays de la Loire region. Located 8 kilometers from Le Mans, this peri-urban town has about 2,200 inhabitants and hosts many services: bakery, restaurant, bar-tobacco shop, supermarket, medical and paramedical office, pharmacy, dentist, nursery school, etc. It is part of the urban community of Le Mans Métropole.*

*It's the first time the municipality of Saint-Georges-du-Bois will be welcoming a volunteer, as they are the latest hosting organisation to join our project in 2023, motivated by the experience in other towns nearby.*



Under the authority of the mayor and the municipal council, municipal services are divided into several poles:

- The Trompe-Souris school welcomes 220 children from 3 to 11 years old, divided into 9 classes (3 kindergarten classes and 6 elementary classes).
- The school canteen serves children meals prepared on site by the cook and his assistant cook. The school restaurant highlights quality products (organic, Label Rouge, etc.), favoring short circuits, which has allowed it to be rewarded by obtaining the maximum level of labeling of the Pays du Mans.
- The extracurricular reception allows children to be welcomed before and after school (from 7:30 a.m. in the morning and until 6:30 p.m. in the evening). The team in charge of taking care of the children offers a variety of activities adapted to the age of the children.
- The town hall, located in the center of the town, is the privileged place of information and information for citizens. The administrative services offered concern civil status (marriages, deaths, births), town planning (requests for building permits), the Post Office (sending and receiving mail and parcels), and all the problematic everyday situations that require an accompaniment.
- The cultural space, located opposite the town hall, houses the library (loan of books to the inhabitants of the town) and organizes various cultural activities, particularly for the children of the town. It is labeled Point Europe by the Maison de l'Europe "Le Mans – Sarthe".
- The technical services are responsible for the maintenance of municipal buildings and green spaces (flowering of the municipality, size and maintenance of municipal roads and paths).

The European volunteer hosted in the municipality will be integrated into the operation of cultural, school and extracurricular services. The common thread of his presence will revolve around activities with children in order to contribute to their openness to a European culture in general and to the country from which the volunteer will come from.

***The volunteer will work on two main sites:***

- *The Trompe-Souris school group: this site brings together the nursery and elementary schools, the school canteen and the extracurricular reception.*
- *The Communal Cultural Space, for activities related to the library.*

The activities offered during the presence of the European volunteer will be geared towards cultural openness, solidarity and mutual aid. The municipality has already experimented with welcoming Ukrainian families and the children of the municipality are encouraged to meet Ukrainian children at school. The presence of a European volunteer will broaden the scope of interactions and the discovery of another European culture.

These exchanges and this openness will also benefit the entire population, through the activities that may be offered by the volunteer within the cultural space.

The municipality wishes to carry out these activities and these exchanges with a national of another European country, and not by using a French trainee. Indeed, the nature of these activities and the richness of the exchanges, the discovery of a culture and a foreign language are at the heart of the mission that the municipality wishes to develop in connection with the House of Europe.

## */ Mission /*

- Setting up individual or group activities.
- Designing educational projects with the other animators present in the structure.
- Organization of an activity program.
- Setting up activities and games with the material provided.
- Sensitization and mobilization of the public and partners on the different projects.
- Accompaniment of the different persons.
- Interaction and exchange with the different actors of a project and with the colleagues of the team.

***This mission is for you if: you are not afraid to be the first volunteer, you are flexible and willing to help the hosting organisation on this first project. You are eager to work in different teams. You want to spend time with kids and teenagers. You are interested in discovering the life of a small french town.***